

SEAZ OA Five Year Vision 2009-2014
SEAZ OA Intergroup Goals August 2009-July 2010

Vision	Goal	Objective	Tasks	Responsibility	Status
<p>1.Strong Meetings <i>Filled with abstinent members; all service positions filled; active rotation of service; meeting is growing; newcomers stay and become abstinent; sufficient sponsors; operates in the spirit of all 12 Traditions.</i></p>	<p>Increase membership through attraction and retention</p>	<p>7% each year</p>	<ol style="list-style-type: none"> 1. Promote Resource library 2. Hold special events like workshops, holiday marathons, retreats, 12/12, etc. 3. Let groups know IG has “seed money” available for special events; 4. Maintain and promote use of SEAZ IG website 5. Keep meeting list on oa.org and SEAZ websites current 6. Offer help with Sponsorship through workshops, encouragement of use of “Sponsorship Kit”, themed meetings, emphasis by sponsors, using We Care list as resource 7. Solicit a variety of articles for the Desert Recovery 8. Encourage use of <i>Lifeline</i> and subscriptions to <i>Lifeline</i> 9. Announce at IG and group meetings when floundering meetings need members to attend. Get flyers to these meetings. 10. Announce OAs who need visits or calls 11. Update We Care list every 6 months 12. Package newcomer packets with an old issue of <i>Lifeline</i> 13. Share groups’ Best Practices 14. Include discussions about Strong Meetings Checklist at Intergroup Meetings and in workshops 15. Establish baseline member count in November 2009 and repeat count annually 16. Explore and support opportunities for new meetings including a monthly speaker meeting. 	<ol style="list-style-type: none"> 1. <i>Lifeline</i>/Resource Library Committee 2. Special Events Committee 3. IG members 4. Website committee and all IG members 5. Meeting list & website chairpersons/IRs 6. Special Events and TSW Committees and all IG members 7. Newsletter Chair 8. <i>Lifeline</i>/Resource Library Committee 9. IG members 10. TSW Committee 11. IR Trainer(s) 12. <i>Lifeline</i>/Resource Library Committee 13. IRs 14. Intergroup Board 15. Intergroup Board 16. Every OA member 	

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<p>2. Committed Service Bodies <i>All service positions filled; active rotation of service; operates within the spirit of the 12 Traditions and 12 Concepts; involved in carrying the message locally, regionally, internationally.</i></p>	<p>Increased number of OA members involved in service</p>	<p>An IR for every meeting All Intergroup service positions filled</p>	<ol style="list-style-type: none"> 1. Inform new groups and groups who don't send IRs what IG does and what services it provides 2. Create newsletter articles describing committees and Board efforts, accomplishments, and service opportunities. 3. Distribute open job descriptions to IRs to announce in meetings 4. Develop list of previous IG participants as a pool of candidates for future position 5. Create master list of service volunteers 6. Solicit individual members for service 7. Promote, encourage and assist with annual Strong Meetings Checklist use 8. Create process for Intergroup members to sign up for committee of their choice 9. IR orientation available prior to every Intergroup meeting. Orientation includes recommending that IRs should find their own replacement when their term is up. 	<ol style="list-style-type: none"> 1. All IG members 2. IG Board, Committee Chairpersons and Newsletter Chairperson 3. IG Board 4. IG Board 5. IG Boa 6. Nominating Committee and all IG members 7. Intergroup Board 8. IR Trainer 9. IR Trainer 	

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<p>3. Public/Professional Awareness <i>All members, groups, and service bodies working at carrying the message so that the possibility of recovery is offered to the still-suffering compulsive eater.</i></p>	<p>Strong community awareness of OA</p>	<p>List of Professional Contacts grows each year</p> <p>Public Information forum (s) conducted each year</p>	<ol style="list-style-type: none"> 1. Contact local health organizations and inform them of OA's purpose; offer meeting lists and to provide a speaker for their staff and/or clients 2. Continue PO mailings twice a year 3. List the OA phone number and web address in the Star's health section 4. Run TV and/or radio Public Service Announcements (PSAs) 5. Create a Speaker's Bureau 6. Outreach to Military, UA , schools, and youth wherever possible- Add to mailing list for schedules, etc. 7. Update PIPO lists every 6 months 8. Outreach to anorexics/bulimics/maybe a meeting specific for these members 9. Encourage use of Bulletin board cards 10. Get additional OA literature into the local public and school library systems. 11. Participate in local health fairs and recovery events. 12. Create and distribute health packets for OA members to take to professionals and schools 13. Share <i>Lifeline</i> issues (with OA stickers with local number and web address on back cover) in public places 14. Pursue creative opportunities for Professional outreach 15. Hold a Public Information day or "wellness depot" in public forum in concert with other 12-step programs if possible 	<ol style="list-style-type: none"> 1. PIPO Committee 2. PIPO Committee 3. PIPO Committee 4. PIPO Committee 5. PIPO Committee 6. PIPO Committee 7. PIPO Committee 8. PIPO Committee 9. IRs 10. PIPO Committee 11. PIPO Committee 12. PIPO Committee 13. PIPO Committee 14. PIPO Committee 15. PIPO committee 	

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<p>4. Financial Health <i>Sufficient contributions to enable SEAZ OA to grow: sufficient contributions to do outreach to the public and professionals; all levels of service structure are fully self-supported.</i></p>	<p>Increase OA awareness of 7th Traditions</p> <p>Creative fundraising</p>		<ol style="list-style-type: none"> 1. Articles in Desert Recovery about 7th Tradition 2. Skit “What’s it Worth” on the road to group meetings 3. Share new 7th Tradition pamphlet with all IRs 4. Talk up the new catch phrase, “Give as if your life depends on it” 5. Educate all group treasurers on 60/30/10 split 6. Contact group treasurers as appropriate when no group income received 7. Review vision and goals every Quarter 8. Investigate ideas for fundraising like raffle at once a month speaker meetings. 	<ol style="list-style-type: none"> 1. Intergroup Board and Newsletter Chair 2. Delegates 3. Delegates 4. All Intergroup members 5. Intergroup Treasurer 6. Intergroup Treasurer 7. Intergroup members 8. Special Events/Ways and Means Committee 	